



Located in Waconia City Hall
201 S Vine ST, Waconia, MN 55387
952-856-4474

Open Monday - Thursday
10 am to 3 pm daily

**Events &
Activities**

April 2024



**Movie at the Senior Center:
"A League of Their Own"**

Tuesday, April 9 at 12:30 pm

One of the most beloved baseball movies of all time; a laugh out loud comedy you will not want to miss! Popcorn, snacks and beverages provided.

**Watercolor Painting of Landscapes*
Thursday, April 11 at 10 am**

Join an Artist-Instructor from the Minnetonka Center for the Arts to explore brush handling, composition and color use.

All materials, including watercolor paints, will be provided by the MCFTA.

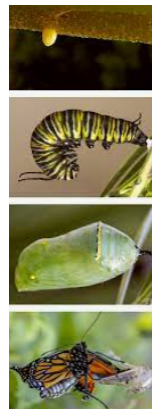
Registration is required;
limited to 10 people.

**Scenic River Bluff Tour
at the Senior Center**

Thursday, April 18 at 10:30 aM



The Mississippi River bluff country is one of the most beautiful areas of Minnesota. Enjoy visual road tripping, shopping and eating as we explore, with Minnesota historian Doug Ohman, the scenic river towns that makes this area so special.



World of the Monarch

Thursday, April 23 at 12:30 pm

View the monarch's fascinating life stages, and learn about the migration of this remarkable butterfly through a PowerPoint slide presentation with questions and discussion. This presentation is provided by the Lowry Nature Center.

DAY TRIP

**Art In Bloom 2024 at the
Minneapolis Institute of Art**

Thursday, April 25 from 9:20 am - 2:30 pm

Join us for a visit to MIA followed by lunch at the Olive Garden. Transportation and the MIA are free, but the cost of lunch is your responsibility.

9:20 am: Board the bus at Waconia City Hall

10 am: Arrival at MIA

12 pm: Depart MIA for the Olive Garden

2:30 pm: Bus arrives back at City Hall

**Registration is required by April 15;
limited to 20 people.**

**Personalized Art Board with
Mrs. C's Art Class***

Thursday, April 30 at 12:30 pm

Make your own personalized art board.

Registration is required;
limited to 10 people.



*These art activities are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

For events requiring registration, sign up at the center. Unless otherwise described, all activities and events are held at the Senior Center located inside Waconia City Hall.

Recurring Monthly Activities



Personal Technology Support 1st and 3rd Tuesdays each month, 12 pm - 3 pm by appointment

Volunteers from Senior Community Services' Technology Education, Connection & Help

(TECH) Services team can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

There is no cost, but you must sign up for an appointment. Bring your device with you.



Book Club

1st Tuesday each month at 1:30 pm

Join us for a discussion of the book
“*The Best We Could Do*” by Thi Bui.

This is a FREE Book Club offered with Carver County Library.

"Class of '65"

1st Thursday each month at 10 am

Meet other "65ers" to connect and reminisce!

Birthday Party

On the last Wednesday of each month we celebrate with special treats!

Quilting Group

2nd Monday each month, 10 am

All quilters, including beginners, are invited to join this group each month.

Craft Group*

3rd Thursday each month, 1 pm

Make your own windchime for spring.
All materials will be provided.

Registration is required.
Limit 8 participants.



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Donuts with a Deputy Monday, April 22 at 10 am

Join us for coffee and donuts as we listen to updates from Sheriff Tyler. His updates are always entertaining and informative.

You won't want to miss it!

Poetry Reading

Tuesday, April 30 at 11 am in the Oak Room

Bring your favorite springtime flowers poetry to share with the group or just come and listen to others reading. Enjoy a fun beverage while you listen.

Waconia Area Senior Center

April 2024 Events & Activities Calendar

Monday	Tuesday	Wednesday	Thursday
1	2	3	4
10 am: Chair Yoga 11 am: Games of Choice 12:30 pm: Mahjong	Mexican Train Dominoes 9:15 am: Advisory Committee 10 am: Cribbage 1:30 pm: Book Club 12 pm - 3 pm: Tech Support (Oak Room)	10 am: Card Games 10:30 am - 3 pm: "Beautiful" at the Chanhassen Dinner Theater (pre-registration was required in March) 12:30 pm: Yahoo BINGO	10 am: "Class of '65" 12:30 pm: Bridge
8	9	10	11
10 am: Games of Choice 10 am: Quilting Group 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 10 am: Card Games 12:30 pm: Movie: A League of Their Own	10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO	10 am: Watercolor Painting of Landscapes Art Class 12:30 pm: Bridge
15	16	17	18
10 am: Chair Yoga 11 am: Card Games 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12 pm: Volunteer Appreciation Event (Senior Center Volunteers only - RSVP required) 12 pm - 3 pm: Tech Support (Senior Center)	10 am: Walking Club 10 am: Card Games 12:30 pm: Yahoo BINGO	10 am: Card Games 10:30 am: Scenic River Bluff Tour Presentation 1:00 pm: Craft Group 12:30 pm: Bridge
22	23	24	25
10 am: Donuts with a Deputy 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12:30 pm: World of the Monarch Presentation	10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO	9:20 am - 2:30 pm: Art In Bloom at the Minneapolis Institute of Art and lunch at the Olive Garden (register by April 15) 12:30 pm: Bridge
29	30		
10 am: Cardio Drumming 11 am: Card Games 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 11 am: Poetry Group (Oak Room) 12:30 pm: Art Board with Mrs. C's Art Class		

See the full newsletter for details. For events requiring registration, sign up at the center.

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Fitness & Health

SilverSneakers® Chair Yoga

1st and 3rd Monday each month, 10 am

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility, and improve balance, and range of movement. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

There is no cost for SilverSneakers members; non-members pay a \$5.00 fee.

Want to become a member? Stop in before class to fill out the paperwork or call Kristi at Safari Island at 952-442-3105 to enroll.

Cardio Drumming

Monday, April 29 at 10 am

Chair or no chair, you decide what works for you. We move to the beat of the music and have a great time. Enjoy this low-impact exercise; modifications provided.

It is a guaranteed fun time!



Thank you to Safari Island for providing instructors for these fitness classes offered at the Senior Center!



Are you helping an older adult or someone with a cognitive diagnosis?

Senior Community Services social worker Sara Roberts, LSW, can caregiver coaching and counseling that helps caregivers sustain their ability to provide help and maintain their own life balance while caring for a loved one. If you, or the person you're caring for, resides in Carver County, contact Sara to schedule an in-person or virtual appointment. Call 612-868-6720 or email s.roberts@seniorcommunity.org.

Games

BINGO

Wednesdays at 12:30 pm

Join us for classic and Yahoo BINGO.

Bridge

Thursdays at 12:30 pm

Join us each Thursday.

Card Games

Several days each month; see calendar for times

Drop in to join a variety of card games including Hand & Foot, 500, and Kings Corner. Cards provided by the Senior Center.

Cribbage

Tuesdays at 10 am

Beginners and experts are invited to play.

Mahjong

Mondays at 12:30 pm

Beginners and experts welcome! Mahjong sets provided by the Senior Center.

Mexican Train Dominoes

Tuesdays

Dominoes provided by the Senior Center.

952-856-4474 | seniorcenter@waconia.org
mnseniorcenters.org/waconia-area-senior-center

The Waconia Area Senior Center Newsletter is published monthly.

The Waconia Area Senior Center has a contract with Senior Community Services to provide daily center operations management, programming, and activities for older adults.