



Newsletter

Open Monday - Thursday, 10 am to 3 pm daily.

201 S Vine ST, Waconia, MN 55387

952-856-4474

Holiday greetings,

The Center will be closed on Monday December 25th and Tuesday December 26th for the Christmas holiday. We have a few new activities coming up in December... plus all of your favorite regular activities. Full details are inside, but here is a quick snapshot.

This month our Local Luncheon will be held at the Senior Center on December 28th. **Hopper's Bar and Grill** will be bringing in Chow Mein. Registration and payment is required by December 21st. **Carver County Library** will be sponsoring a **Book Bingo** on December 5th at 12:30pm.

The Holiday season is a great time to serve our community. We have two opportunities this month! Join us as we serve with **Feed My Starving Children** on December 11th.

Transportation is provided. Meet at the Center at 11:00 am and we will return by 1:35 pm. Our craft group, will also be making **No-sew Fleece Tie Blankets**, which will be given to people who need some extra comfort in our community.

Come and enjoy a holiday movie at the Senior Center. We will be showing **Home Alone** with all your favorite Movie Theater Treats on December 12th at 12:30pm. Don't forget to come celebrate the season with us at our **Holiday Party** on December 19th. Bring a soup or salad to share and enjoy the music of **Amy and Adams**. **Doug Ohman** will join us again on December 14th to wrap up his **Journey Down the River**.

Looking forward into January, mark your calendar as we start a new **Mahjong Club** (traditional mahjong) on Monday afternoons at 12:30pm. Finally, have you wanted to become more involved in the Senior Center but you are not sure how to get started. Consider joining our **Advisory Committee** and get to know more about our Center, share ideas about the monthly programming and make some new friends. We would love to have you join!

Happy Holidays!

**The Waconia Area Senior Center
Advisory Committee**

Barbara Brooks

Brenda Goede

Patsey Harris

Bob Jax

Sue Leffler

Elaine Varner

Bingo just got a little better....

That's right, thanks to a generous donation from the

Waconia Lions Club, we are able to offer **\$10** bingo jackpots for the last three cover-all games on Bingo Wednesday!



Please include your contact information when signing up for events so we can contact you if an event is cancelled or postponed.



December 2023 Activities Calendar

The Center is open Monday - Thursday, 10 am to 3 pm daily.

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
10 am: Silver Sneakers Yoga (1st & 3rd Monday) 10 am: Games of Choice 12:30 pm: Farkle	Mexican Train Dominoes 10:00 am: Cribbage 12:30 pm: Carver County Book Bingo 1:45 pm: Book Club	9 am: Advisory Committee 10 am: Card Games- Hand and Foot, 500 & Kings Corner 12:30 pm: Yahoo BINGO	10 am: "Class of '65" (1st Thursday) 12:30 pm: Bridge
11	12	13	14
10 am: Games of Choice 10 am: Quilting Group (2nd Monday) 11:30 am- Feed My Starving Children returning at 1:40pm (Transportation Provided) <i>(Senior Center is Closed for a City Event from 11:30 am -2:30 pm)</i>	Mexican Train Dominoes 10:00 am: Cribbage 12:30 pm: Christmas Movie at the Senior Center	10 am: Card Games- Hand and Foot, 500 & Kings Corner 12:30 pm: BINGO	10:30am: Doug Ohman 12 pm - 3 pm: Tech Support (2nd & 4th Thursday) 12:30 pm: Bridge
18	19	20	21
10 am: Silver Sneakers Yoga (1st & 3rd Monday) 10 am: Games of Choice 12:30 pm: Farkle 1-2:30 pm: Caregiver Support Group (Oak Room)	Mexican Train Dominoes 10:00 am: Cribbage 11:30 am: Soup/Salad Potluck 12:30pm: Christmas Party- Amy and Adams musical performance	10 am: Card Games- Hand and Foot, 500 & Kings Corner 12:30 pm: Yahoo BINGO	10:00 am: Craft Group (3rd Thursday) 12:30 pm: Bridge
25	26	27	28
Merry Christmas! Senior Center closed	Senior Center closed	10 am: Card Games- Hand and Foot, 500 & Kings Corner 12:30 pm: BINGO Birthday Party!	10:00 am: Card Games 11:30 am: Local Luncheon at the Senior Center (Hoppers Chicken Chow Mein for only \$ 8.00) 12:30 pm: Bridge
		1	2

See the following pages for more information about programs, classes, & events. Unless otherwise noted, sign-up sheets for special events are available at the Center.



Upcoming Events

Holiday Party!

Join us December 19th for **Soup and Salad Potluck** at 11:30am followed by a musical performance Amy & Adams at 12:30pm. Please bring a soup or salad to share and come enjoy holiday entertainment.



Journey Down the River – Part 3

a presentation by Doug Ohman

Thursday, December 14 at 10:30 am

Journey Down the River - Part 3 Our river journey continues south from St. Paul. We will explore some of the best river towns in America. The river character will change and we will feel like we are back in time with Mark Twain. By the time we hit the Iowa border we will have traveled 720 river miles in Minnesota.

There is no cost, but registration is required.



Doug Ohman is a true-blue Minnesota history enthusiast, and he can't help but spread the word wherever he goes! A historian, photographer and storyteller all rolled into one, Doug has published 14 books about Minnesota. His full-time job for two decades? Traveling all around the state of Minnesota sharing his historic, interactive presentations.



Upcoming Events

These events are free, but registration is required.
Sign up at the Center.

Feed My Starving Children Volunteering Event



Join us **December 11th** from **11:30am- 1:15pm** at **Feed My Starving Children**. We will pack lifesaving meals at to help those in need. By volunteering **YOU** make it possible for FMSC to send nutritious meals to children around the world.

There are only 12 spots available. **Transportation is provided**. We will promptly leave the Senior Center at 11:00am.

Technology Support & Education



Personal Technology Support

**2nd Thursday at
12 pm - 3 pm**

Need help with your smartphone, tablet, laptop, or other device? Sign up for a one-on-one appointment for help with:

- Texting, email, and video calls
- Accessing helpful device features
- Managing online security and safety
- Troubleshooting settings or errors



Presented by **Gary Spears**,
Technology Programs Coordinator
Senior Community Services



There is **no cost** for this service, but you must sign up for an appointment at the center and complete the Registration Form. Bring your device with you.

A service provided as part of the HOME program and funded, in part, by Carver, Hennepin, Scott, Sherburne & Wright Counties. There is no fee for this service.

Christmas Movie at the Senior Center

**Join us for a Holiday Movie,
popcorn and refreshments**

We will be watching **Home Alone** and having a popcorn party.

Carver County Book Bingo

**Join us for a game of
FREE Bingo**

**Tuesday December 5th
12:30p-1:30p**

Come and play bingo and try to win gently used books as prizes. All adults are welcome!
No cost to play and no registration is necessary.



Carver County Library

Recurring Monthly Activities



SilverSneakers Chair Yoga

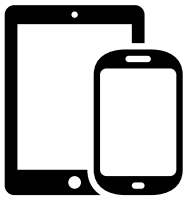
1st and 3rd Monday each month, 10 am

SilverSneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

SilverSneakers Chair Yoga is offered through Safari Island at the Waconia Area Senior Center two times each month.

There is no cost for SilverSneakers members; non-members pay a \$5.00 fee.

Want to become a member?
Stop in before class to fill out the paperwork or call Kristi at Safari Island at 952-442-3105 to enroll.



Need help with your smartphone, tablet, laptop, or other device?

Senior Community Services is hosting no-cost, personal technology support clinics. Details inside.

"Class of '65"

1st Thursday each month, 10 am

Meet other "65ers"
to connect and reminisce!
Meet at the Center.

Quilting Group

2nd Monday each month, 10 am

All quilters, including beginners, are invited to join this group each month.

Craft Group

3rd Thursday each month

Scheduled for 10:00am

Group Service Project:
No Sew Fleece Tie Blankets.
Help make blankets which will be given to people who need some extra comfort.

**Registration is required;
Limit 8 participants.**

Local Luncheon

4th Thursday each month, 11:30 am

Hoppers will be bringing in their famous Chow Mein to the Senior Center.

Registration and payment is required before December 21st.
The cost is \$8.00 per meal.



On the last Wednesday of each month we celebrate with special treats!

Caregiver Support Services



Experienced social worker **Sara Roberts, LSW** facilitates a monthly support group and is also available for individual appointments

to help caregivers sustain their ability to provide help and maintain their own life balance.

Caregiver Support Group

2nd Monday each month

1:00 pm to 2:30 pm

Waconia City Hall

This group is open to caregivers who live in (or are caring for someone who lives in) Carver, Hennepin, Scott, or Wright county and caring for an older adult or an adult with a cognitive diagnosis.

Reserve your seat today!

There is no cost, but registration is required.

Contact Sara at (763) 276-7076 or s.roberts@seniorcommunity.org.



CareNextion.org is a free, online tool and app that helps caregivers coordinate and connect with others to support their older adult loved one.



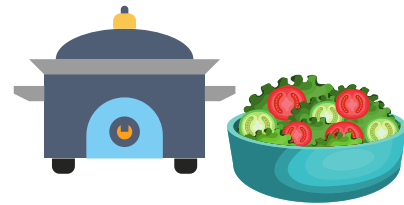
SENIOR
COMMUNITY
SERVICES

Empowering People as They Age

www.seniorcommunity.org

ReimagineAging@seniorcommunity.org

952-541-1019



Soup and Salad Potluck

December 19th at

11:30am

Bring a soup or salad to share. Enjoy holiday music after lunch

12:30pm presented by

Amy & Adams



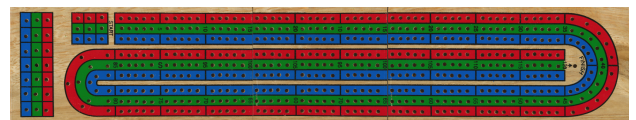
Book Club



Are you a reader? Interested in joining a book club? Join us on **Tuesday, October 3 at 1:30 pm** for a free book club through the Carver County Library.

The group can choose from 3 different books and you can pick up your book at the first meeting.

We will discuss the book on Tuesday, November 7 at 1:30 pm.



Cribbage

Tuesdays, December 5th, 12th and 19th at 10 am

Beginners and experts are invited to play.

The Monthly Reflection

We would like to say **THANK YOU** to the Waconia Lions Club. They have generously donated \$4000.00 to the Waconia Area Senior Center. Their generosity will allow our center to increase programming, provide transportation for different outings and increase the prize money for our weekly bingo jackpots.



The Waconia Area Senior Center Newsletter is published monthly.

Advisory Board

Barbara Brooks
Brenda Goede
Patsey Harris
Bob Jax
Sue Leffler
Elaine Varner



[mnseniorcenters.org/
waconia-area-senior-center/](https://mnseniorcenters.org/waconia-area-senior-center/)



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seniorcenter@waconia.org



Monday - Thursday
10 am - 3 pm

Closed on some holidays.



The Waconia Area Senior Center has a contract with Senior Community Services to provide daily center operations management, programming, and activities for older adults.