

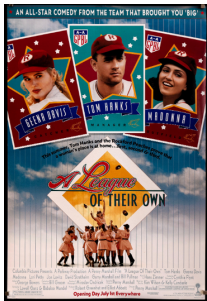


Located in Waconia City Hall
201 S Vine ST, Waconia, MN 55387
952-856-4474

Open Monday - Thursday
10 am to 3 pm daily

**Events &
Activities**

June 2024



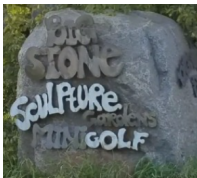
**Movie at the Senior Center:
"A League of Their Own"
Tuesday, June 18th at 12:30 pm**

One of the most beloved baseball movies of all time; a laugh out loud comedy you will not want to miss! Popcorn, snacks and beverages provided.

**Scenic River Bluff Tour Presentation
at the Senior Center
Thursday, June 27th at 10:30 am**



Urban Gems: St. Paul Tour –
Our capital city is just waiting to be explored. Ride along with Minnesota photographer, Doug Ohman as he takes you to many landmarks just waiting to be explored. As a special bonus, this road trip will include a side trip to Stillwater and Taylors falls.



DAY TRIP

Big Stone Mini Golf

Cost is \$14.00, plus money for lunch.
***Must bring cash/check for Big Stone; they don't take cards.**

Thursday, June 13th from 10:00 am - 2:00 pm

Join us for a fun day of mini golf at Big Stone Mini Golf course. Big Stone Mini Golf is known for its clever holes and unique sculptures. After a round of mini golf you are free to enjoy our beautiful **Big Stone Sculpture Gardens**. After golf we will stop off at **Buddy Boy BBQ** for lunch.

Transportation is provided.
Limit 20 people.



**Pottery at Minnetonka Center
for the Arts*
Thursday, June 6th at 10 am**

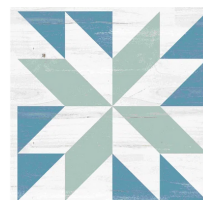
Join an Artist-Instructor from the Minnetonka Center for the Arts to explore pottery and make your own piece of pottery.

All materials will be provided by the MCFTA. Transportation provided.
(Bus departs at 9:25 am)
Registration is required;
limited to 10 people.



**Zentangle Art *
Tuesday, June 11th at 12:30 pm**

Kathy's Zentangle programs have been based on drawing of various tangle patterns on cards/tiles. She has been drawing for the last 10 years. Zentangle is a relaxing method of creating a piece of personal art. It allows you relax, focus, explore new levels of creativity and have fun!



**Barn Quilt Design Board *
Tuesday, June 25 at 12:30 pm**

Make your own personalized Barn Quilt.
Registration is required;
limited to 10 people.



*These art activities are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

For events requiring registration, sign up at the center. Unless otherwise described, all activities and events are held at the Senior Center located inside Waconia City Hall.

Recurring Monthly Activities



Personal Technology Support 1st and 3rd Tuesdays each month, 12 pm - 3 pm by appointment

Volunteers from Senior Community Services' Technology Education, Connection & Help

(TECH) Services team can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

There is no cost, but you must sign up for an appointment. Bring your device with you.



Book Club

1st Tuesday each month at 1:00 pm

Join us for a discussion of the book

"Ordinary Grace"

by William Kent Krueger.

This is a FREE Book Club offered with Carver County Library.

Donuts with a Deputy Monday, June 24th at 10 am

Join us for coffee and donuts as we listen to updates from Sheriff Tyler.

His updates are always entertaining and informative. You won't want to miss it!



"Class of '65"

1st Thursday each month at 10 am

Meet other "65ers" to connect and reminisce!

Birthday Party

On the last Wednesday of each month we celebrate with an Ice Cream Social!

Quilting Group

2nd Monday each month, 10 am

All quilters, including beginners, are invited to join this group each month.

Craft Group*

3rd Thursday each month, 10am

Make your own Egg Carton Flower.

All materials will be provided.

Registration is required.

Limit 8 participants.



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Poetry Reading

Tuesday, June 27th at 11:45 am
in the Oak Room

Bring your fanciful and funny poetry to share with the group or just come and listen to others reading.

Enjoy a fun beverage while you listen.

Waconia Area Senior Center

June 2024 Events & Activities Calendar

Monday	Tuesday	Wednesday	Thursday
3	4	5	6
10 am: Chair Yoga 11 am: Games of Choice 12:30 pm: Mahjong	Mexican Train Dominoes 9:15 am: Advisory Committee 10 am: Cribbage 1:00 pm: Book Club 12 pm - 3 pm: Tech Support (Oak Room)	10 am: Card Games 12:30 pm: Yahoo BINGO	10 am: "Class of '65" 10 am: Trip to Minnetonka Center for the Arts- Pottery Class (bus leaves at 9:25 am and returns at 12:30pm) 12:30 pm: Bridge
10	11	12	13
10 am: Games of Choice 10 am: Quilting Group 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 10 am: Card Games 12:30 am: Zentangle Art	10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO	10:00 am: Big Stone Mini Golf and lunch at Buddy Boys (bus leaves at 10am and returns at 2:00pm.) 12:30 pm: Bridge
17	18	19	20
10 am: Chair Yoga 11 am: Card Games 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12:30 pm: Movie: A League of Their Own 12 pm - 3 pm: Tech Support (Senior Center)	10 am: Walking Club 10 am: Card Games 12:30 pm: Yahoo BINGO	10 am: Craft Group 12:30 pm: Bridge
24	25	26	27
10 am: Donuts with a Deputy 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12:30 pm: Barn Quilt Design	<div style="text-align: center;"> BIRTHDAY PARTY 10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO  </div>	10:30 am: Doug Ohman-Urban Gems: St. Paul Tour 11:45 Poetry Group (Oak Room) 12:30 pm: Bridge

See the full newsletter for details. For events requiring registration, sign up at the center.

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Fitness & Health

SilverSneakers® Chair Yoga

1st and 3rd Monday each month, 10 am

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility, and improve balance, and range of movement. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

There is no cost for SilverSneakers members; non-members pay a \$5.00 fee.

Want to become a member? Stop in before class to fill out the paperwork or call Kristi at Safari Island at 952-442-3105 to enroll.



Thank you to Safari Island for providing instructors for these fitness classes offered at the Senior Center!

Support for Caregivers

Caregiver Support Group
1st Wednesday each month
10:00 am - 11:30 am

Good Samaritan Society
Waconia and Westview Acres
433 West 5th St.
Waconia, MN 55387



Senior Community Services social worker Sara Roberts, LSW, facilitates the support group and offers **one-on-one coaching and counseling** to help caregivers maintain their own life balance while caring for a loved one.

To make an appointment, call 612-868-6720 or email s.roberts@seniorcommunity.org.

Games

BINGO

Wednesdays at 12:30 pm

Join us for classic and Yahoo BINGO.

Bridge

Thursdays at 12:30 pm

Join us each Thursday.

Cribbage

Tuesdays at 10 am

Beginners and experts are invited to play.

Mahjong

Mondays at 12:30 pm

Beginners and experts welcome! Mahjong sets provided by the Senior Center.

Card Games

Several days each month;
see calendar for times

Drop in to join a variety of card games including Hand & Foot, 500, and Kings Corner. Cards provided by the Senior Center.

Mexican Train Dominoes

Tuesdays

Dominoes provided by the Senior Center.

952-856-4474 | seniorcenter@waconia.org
mnseniorcenters.org/waconia-area-senior-center

The Waconia Area Senior Center Newsletter is published monthly.

The Waconia Area Senior Center has a contract with Senior Community Services to provide daily center operations management, programming, and activities for older adults.