December 2024





EVENTS & ACTIVITIES

Waconia Area Senior Center

REGULAR HOURS

Monday-Thursday 10am-3pm

LOCATION

201 S. Vine St. Waconia, MN 55387
Located in City Hall

WEBSITE

www.waconia seniorcenter.org

QUESTIONS?

Call 952.856.4474 Email: seniorcenter@ waconia.org

OUR MISSION

The mission of the Waconia Area Senior Center is to provide a centralized location for seniors to connect with other seniors and stay engaged in active living. We strive to establish a welcoming setting that promotes social, emotional, and physical well-being, and lifelong learning.



The Waconia Area Senior
Center serves adults age 55
and over in Waconia and our
surrounding communities.
Individuals and groups are
welcome to "drop in" and take
advantage of our ample
space, tables, games, and
refreshments.

PROGRAM REGISTRATION

Program registration is now done online, through our website (waconiaseniorcenter.org). Our on-site staff will be available to assist, if needed. Please call 952.856.4474 with any questions.

DONATIONS GREATLY APPRECIATED

Funds are used for supplies and food provided in the Senior Center.



WACONIA SENIOR CENTER

* Registration Required Fee Required ** Exercise Class

Email: seniorcenter@waconia.org www.waconiaseniorcenter.org

DECEMBER 2024 EVENTS & ACTIVITIES CALENDAR

| MON | TUE | WED | THU |
|---|---|---|---|
| 2 | 3 | 4 | 5 ——— |
| 11am-12pm Seniors Strength ** 11am Games of Choice 12:30pm Mahjong 12:30-2pm Online * Shopping Presentation | 10am Mexican Train Dominoes 10am Cribbage 12-3pm Tech Support 1-3pm Book Club | 10am Card Games 12:30pm Yahoo BINGO | 10am Class of '65 10:45am-3:45pm SideKick Theater - Bells Will Be Ringin' (\$ ** 12:30pm Bridge |
| 9 | 10 | 11 | 12 |
| 10am Quilting Group 11am Games of Choice 12:30pm Mahjong 12:30pm Senior Veterans Information * (Oak Room) | 10am Mexican Train Dominoes 10am Cribbage 12-2pm Craft: Living Green Arrangement | 10am Card Games 11:45am-12:15pm Mobility Services Informational Session * 12:30pm BINGO | 10am-12pm Kindness Project: Christmas Card Making* 12:30pm Bridge |
| 16 | 17 | 10 | 10 |
| 10-10:45am Chair Yoga *** 11am Games of Choice 12:30pm Mahjong | 10am Mexican Train Dominoes 10am Cribbage 11:30am-12:30pm Soup & Salad Christmas Potluck 12:30-3pm Tech Support | 10am Card Games 12:30pm Yahoo BINGO (Birtholay Polty* | 11:30am-12:30pm Poetry Group 🜟 (Oak Room) 12:30pm Bridge |
| 27 | 24 | 25 | 26 |
| 10-11am Donuts with the Deputy 11am Games of Choice 12:30pm Mahjong | FACILITY CLOSED | FACILITY CLOSED THE RRY Christmas | FACILITY CLOSED |
| 10-10:45am Chair Yoga ** 11am Games of Choice 12:30pm Mahjong | 10am Mexican Train Dominoes 10am Cribbage 11am-12:30pm Happy * "Noon Year" Celebration | REGULAR HOURS Monday-Thursday 10am-3pm | LOCATION 201 S. Vine St., Waconia, MN 55387 *Located in City Hall* OUESTIONS? Call 952.856.4474 |

BINGO

Wednesdays 12:30pm
Join us for classic and Yahoo BINGO.

Birthday Parties

Wednesday, Dec. 18
Celebrate all birthdays during the month of
December with some sweet treats!

Book Club *

Tuesday, Dec. 3 1:00-3:00pm

Join us for a discussion of the book "Hotel on the Corner of Bitter & Sweet" by Jamie Ford.

The story is told in two parallel storylines, one following 12-year-old Henry Lee's experiences during the Second World War, and the other depicting Henry, 44 years later, as a widower with a college-aged son.

Bridge

Thursdays at 12:30pm
Bridge is a trick-taking card game for four players in two partnerships. Open to beginners and experienced players!

Card Games/Games of Choice

Mondays at 11:00am & Wednesdays at 10:00am

Drop in to join a variety of card games including: Hand & Foot, 500, and Kings Corner. Cards are provided by the Senior Center.

Class of '65

Thursday, Dec. 5 10:00am

Meet other "65ers" to connect and reminisce!

Craft: Living Green Arrangement *

Tuesday, Dec. 10 12-2pm Come & enjoy creating your own "living pine" centerpiece for Christmas and let the scent of the holiday season fill your home!

Limited to 8 people.

Cribbage

Tuesdays at 10:00am
Beginners and experts are invited to play.

Donuts with a Deputy *

Monday, Dec. 23 10:00-11:00am
Join us for coffee and donuts
as we listen to updates from
Sheriff Tyler. His updates are
always entertaining and
informative. You won't want
to miss it!

Happy "Noon Year" Celebration ★

Tuesday, Dec. 31 11am-12:30pm Come & Join in on the fun at the "Happy Noon Years Eve" Party! Enjoy games, music, party hats, hors d'oeuvres, and even a little bubbly to bring in the New Year!

Kindness Project: Christmas Card Making 🖈

Thursday, Dec. 12 10am-12pm
The Kindness Project in November was so fun and rewarding by those who participated we thought we would offer it again in December.

Come join in on this special activity of making Christmas Cards during the season of giving!

Mahjong

Mondays at 12:30pm
Beginners and experts are welcome!
Mahjong sets provided by the Senior
Center.

Mobility Services Informational Session*

Wednesday, December 11 11:45am-12:15pm

Join Alan Herrmann to learn more about the expanded mobility services available in Waconia.

Mexican Train Dominoes

Tuesdays at 10:00am

Dominoes provided by the Senior Center.

Online Shopping Presentation *

Monday, Dec. 212:30-2pm
Online shopping lets you buy products on the internet from your computer and have them shipped to your home or anywhere! Online stores often have larger inventories and lower prices, so you can quickly find the best deal. This lecture will provide a general introduction to shopping online using the popular website Amazon.com. You'll learn how to search for products, make comparisons, and add items to an online shopping cart.

Personal Technology Support *

Tuesdays, Dec. 3 12-3pm & Dec. 17 12:30-3:00pm Volunteers from Senior Community Services' Technology Education, Connection & Help (TECH) Services team can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime Bring your device with you.



Poetry Reading

Thursday, Dec. 19 11:30am Enjoy a fun beverage while you listen.

Quilting Group

Monday, Dec. 9 10:00am All quilters, including beginners, are invited to join this group each month.



Senior Strength Exercise Class

Monday, Dec. 2 11:00am-12:00pm
This is a total body workout with a focus on strengthening the core and limbs while amplifying the body's movement through stretch, improving overall balance, posture, muscle tone and mobility. By learning how to move the body in a healthy way, one can reduce pain, improve body awareness, avoid injury and reinforce proper movement principles.

Senior Veterans Information *

Monday, Dec. 9 12:30pm
Join us for this presentation, in the Oak
Room, which will go over benefits and
healthcare assistance programs for
Veterans and their eligible dependents.
There will also be a representative from
CapTel phone, which provide free phones
to elderly veteran's with hearing loss, so
they can read phone conversations.

SideKick Theater: Bells Will Be Ringin' * (\$)

Thursday, Dec. 5 10:45am-3:45pm Cost: \$49

Celebrate the most wonderful time of the year with SideKick Theatre's heartwarming, funny holiday show. Combining some of the Twin Cities best vocalists with a dynamic band headed up by Brian Pierce, this spirited holiday show brings a modern vitality to holiday favorites from the past and present day, and promises to leave you feeling merry and bright! Bussing will be provided for this event, leaving the Waconia Senior Center at 10:45am. Lunch will be served at 11:30am and the show runs from 1-3pm, including an intermission. Prices include the dinner, show, and gratuity. The bus will bring you back to the Senior Center after the show, around 3:45pm.

Space is limited to 14 people.

SilverSneakers Chair Yoga 💥 🔊

Mondays, Dec. 16 & Dec. 30 10-10:45am Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility and improve balance and range of motion. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

Soup & Salad Christmas Potluck *

Tuesday, Dec. 17 11:30am-12:30pm
Get ready to sing Christmas Carols and share a delicious lunch with friends as we celebrate this special season of Christmas! Bring your favorite soup or salad and your favorite Christmas cookies to share! Food sign up available at the Senior Center.



All exercise classes are provided by Safari Island Community Center. Members of Safari Island can attend class for free. Non-members pay a \$5 fee. Not registered as a member of Safari Island? Most insurances provide a FREE membership. Please contact Kristi Sherlock at 952.442.3105 or ksherlock@waconia.org to see if you qualify!



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